



POST-OPERATIVE WOUND CARE

- 1: Remove the bandage tomorrow.
- 2: Wash gently each day with mild soap and water then apply a thin coat of Vaseline. We do not recommend the use of antibiotic creams/ointments.
- 3: A band aid for a few days is recommended but is optional. If a band aid is used during the day, the area may be left open at night.
- 4: In 5-10 days, you may discontinue the above treatment. Most lesions heal in about two weeks; skin cancers usually heal in 3-4 weeks.
- 5: Expect some watery discharge and symmetrical redness around the wound for up to 4 weeks. Discharge can present as clear, yellow, green, or bloody in appearance. This is normal. Call if it becomes tender around the wound edges or if you notice streaking redness around the area. If bleeding occurs, apply firm pressure for 20 minutes (no peeking). If the bleeding is not controlled after this, please call our office.

CARE OF SUTURES

- 1: Remove the bandage tomorrow.
- 2: Wash gently each day with soap and water, pat dry and apply a thin coat of Vaseline.
- 3: A band aid is optional. If a band aid is used during the day, the area may be left open at night.
- 4: For any minor discomfort you may have, please avoid taking aspirin or aspirin-related products. Tylenol is a safe choice.
- 5: Please do not apply ointment to sutures the day you are to return for suture removal. Your sutures should be removed in _____ days.

LIQUID NITROGEN TREATMENT

- 1: Expect swelling and/or a blister, which may be blood filled, to form within 24 hours.
- 2: No special care is needed but try to avoid breaking it. You may get it wet. No bandage is necessary, but you may cover it if you wish.
- 3: If the blister breaks, follow the directions above for post-operative wound care.
- 4: If the blister is very large and painful, clean it with alcohol and puncture it with a sterile needle to relieve the pressure. Then follow the post-operative wound care instructions.
- 5: You may apply plain Vaseline or Aquaphor several times per day as needed for discomfort.

PATHOLOGY

We will call you with the laboratory results usually within 14-16 days. If you do not hear from us in three weeks (21 days), please call for a report at (802) 864-0192.

You may receive bills from the pathology lab and/or the pathologist. If there are any questions, please call the number on the bill.