



FOUR SEASONS DERMATOLOGY

354 MOUNTAIN VIEW DR. • SUITE 300 • COLCHESTER, VT 05446-5988 • PHONE 802-864-0192 • FAX 802-860-4919

POST-OPERATIVE WOUND CARE

- 1: Remove bandage tomorrow.
- 2: Wash gently each day with soap and water then apply a thin coat of Vaseline.
- 3: A band aid for a few days is recommended, but is optional. If a band aid is used during the day the area may be left open at night.
- 4: In 5-10 days you may discontinue the above treatment. Most lesions heal in about two weeks; skin cancers usually heal in 3-4 weeks.
- 5: Expect some watery discharge and redness around the wound for approximately a week. Call if it becomes tender around the wound edges or if you notice pus. If bleeding occurs, apply firm pressure for 20 minutes.

CARE OF SUTURES

- 1: Remove bandage tomorrow.
- 2: Wash gently each day with soap and water, pat dry and apply a thin coat of Vaseline.
- 3: A band aid is optional. If a band aid is used during the day the area may be left open at night.
- 4: For any minor discomfort you may have please avoid taking aspirin or aspirin related products. Tylenol is a safe choice.
- 5: Please do not apply ointment to sutures the day you are to return for suture removal. Your sutures should be removed in _____ days.

LIQUID NITROGEN TREATMENT

- 1: Expect swelling and/or a blister, which may be blood filled, to form within 24 hours.
- 2: No special cares is needed, but try to avoid breaking it. You may get it wet. No bandage is necessary, but you may cover it if you wish.
- 3: If the blister breaks, follow the directions above for post-operative wound care.
- 4: If the blister is very large and painful, clean it with alcohol and puncture it with a sterile needle to relieve the pressure. Then follow the post-operative wound care instructions.
- 5: You may apply plain Vaseline jelly or Aquaphor several times per day as needed for discomfort.

PATHOLOGY

We will call you with the laboratory results usually in 7 - 10 days. If you do not hear from us in two weeks please call for a report.

You may receive bills from the pathology lab and/or the pathologist. If there are any questions, please call the number on the bill.