



## Wart Treatment

- Warts are caused by a virus. They do not need to be treated if they are not bothersome to you, but can become irritating, painful or unsightly.
- There are many treatments available to treat warts, but none of them work 100% of the time. Eventually, most warts will go away on their own, but it may take years.
- The most success is with combining treatments – particularly salicylic acid and liquid nitrogen.
  - Your warts were treated today with liquid nitrogen. You may experience irritation, blistering and pain following this treatment. After the pain subsides, typically in 5-7 days, begin the following regimen:
    1. After bathing when the skin is moist, pare the warts down with a disposable nail file.
    2. Apply salicylic acid to the wart (available OTC as Mediplast or Dr. Scholl's) look for something around 17%.
    3. Cover your warts with tape – medical tape or duct tape both work well.
    4. Repeat this process nightly – you may take the weekends off.
    5. Return every two weeks/monthly as directed for repeat liquid nitrogen treatment.

Warts are **STUBBORN!!** They are very difficult to get rid of. It may take many treatments to get them to go away, but persistence is key.