

ISOTRETINOIN VISIT SCHEDULE

FEMALES OF CHILD BEARING POTENTIAL:

Month 0 (1st visit) iPledge requirements and booklet reviewed. Consent forms signed, urine pregnancy test complete. Lab slip given (bloodwork should be done prior to your next visit and should be fasting if possible). Sometime prior to the next visit you will receive information from IPLEDGE either by mail or e-mail. You will be assigned a password that will allow you to access the system (online or by phone) in order to answer questions regarding contraception. These questions must be answered correctly each month after your visit but before you fill your prescription. These questions may be answered online or by phone. You will not have to do this until after your next appt. when you get your first prescription. NOTE: There is a yellow tear-out ID card in your IPLEDGE booklet; this must be shown to the pharmacist each time you fill your monthly prescription. Place it in your wallet or purse.

Month 1 (2nd visit) 30-90 days from registration. Urine pregnancy test obtained, 2 forms of contraception or abstinence confirmed, bloodwork results reviewed, and 30 day prescription given. After the visit you must access the system and correctly answer contraception questions before you fill the prescription. You have only six days to do this (prescription is not valid after six days). If you fail to fill the prescription within this six day "window" you will need to be seen again in the office in order to get a new prescription. 3-4 weeks after this visit, obtain the 2nd fasting blood test. Do this several days prior to the Month 2 visit so that the results will be available for review.

Months 2,3,4,5 and subsequent monthly visits if needed: (These appts should be scheduled 30-53 days from the previous visit). At each visit a urine pregnancy test is obtained, 2 forms of contraception or abstinence confirmed, bloodwork results reviewed, and 30 day prescription given. After the visit you must access the system and correctly answer contraception questions before you fill the prescription. You have only six days to do this (prescription is not valid after six days). If you fail to fill the prescription within this six day "window" you will need to be seen again in the office in order to get a new prescription. Try to make your appointments as close to 30 days as possible, otherwise you may run out of medication before the next visit. Beyond 53 days you will be "bumped" from the IPLEDGE system and have to re-registered with another 30 day waiting period before you may get another prescription. Urine pregnancy tests are also done at the completion of treatment and again 30-53 days after completion of therapy.

MALES (AND FEMALES NOT OF CHILD BEARING POTENTIAL):

Month 0 (1st visit): iPledge requirements and booklet reviewed, consent forms signed, and lab slip for blood work given. Ideally your blood test should be done after an 8-12 hour fast. You will be notified by phone when your blood test results have been reviewed and the prescription will be called in to your pharmacy. NOTE: There is a yellow tear-out ID card in your IPLEDGE booklet; this must be shown to the pharmacist each time you fill your monthly prescription. Place it in your wallet or purse.

*3-4 weeks after this visit, obtain the 2nd fasting blood test. Do this at least several days prior to the Month 1 visit so that results will be available for review at or before the appointment.

Months 1,2,3,4 and subsequent monthly visits if needed: 30 day prescription given at each visit. Progress and side effects reviewed.

PATIENT INFORMATION FOR ACCUTANE:

Oral Isotretinoin (Sotret, Claravis, Amnesteem) is a very effective medication for treating acne and certain other skin conditions. The typical isotretinoin course is 60-80mg per day (depending on body weight)