

Infant Cleft Palate Post Op Instructions

MEDICATIONS:

- Please give Ibuprofen (Advil, Motrin) and Acetaminophen (Tylenol), for pain.
- You may want to give these over-the-counter pain medications on a schedule, rather than waiting for your child to become fussy.
 - The first two days after surgery are the most painful. If pain is not decreasing after 48 hours of medication and elevation, you should contact my office.

DIET:

- Full liquid diet (pudding, ice cream and yogurt are OK) for 2 weeks
- Nothing solid by mouth for this time

ACTIVITY:

- No fingers, pacifiers, straws or other objects in your child's mouth
- You may resume breastfeeding or feeding with the bottle that your child was using before surgery

NOTIFY YOUR DOCTOR IF YOUR CHILD HAS ANY OF THE FOLLOWING SYMPTOMS:

- Excessive bleeding
- Fever greater than 101.5° F (39 ° C)
- Pain unrelieved by pain medication
- Impaired circulation (skin of extremity cool, pale, or blue)
- Calf tenderness

CALL IF YOU HAVE ANY QUESTIONS OR PROBLEMS

Follow up with Dr. Laub, Donald MD in clinic in 7-10 days or as scheduled.

Please call 802-864-0192 with any questions or concerns.