

## WOUND CARE AFTER LIQUID NITROGEN TREATMENT

Expect swelling and/or a blister, which may be blood filled, to form within 24 hours.

Not everyone forms a blister – it may just be scabby or red.

No special care is needed if blister forms, but try to avoid breaking it. You may get it wet. No bandage is necessary, but you may cover it if you wish.

If the blister breaks, avoid peeling the top layer of skin off. Apply Vaseline or Aquaphor and cover with a band aid.

If the blister is very large and painful, clean it with alcohol and puncture it with a sterile needle to relieve the pressure. Do not peel off the top layer of skin. You may have to repeat this several times if the blister reseals itself.

You may apply Vaseline or Aquaphor several times per day as needed for discomfort.